

Diagnostics in Macular Disorders (An overview of FA, ICGA, OCT)

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Jaypee Brothers, Medical Publishers (P) Ltd: New Delhi; 2005

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Ophthalmologists today depend heavily on various investigative modalities such as fluorescein angiography (FA), indocyanine green angiography (ICGA) and optical coherence tomography (OCT) for an accurate diagnosis and optimal management of macular disorders. This book is a quick reference guide for common macular disorders encountered in an ophthalmic practice and their features on FA, ICGA and OCT. The book provides a concise, clear outline of essential elements of common macular disorders such as age-related macular degeneration (AMD), idiopathic polypoidal choroidal vasculopathy, diabetic retinopathy, retinal vascular disorders and inflammatory disorders of the retina besides many others. The book has 12 chapters covering the vast spectrum of disorders of the macula and begins with a brief description of the principles, techniques and interpretation of FA, ICGA and OCT procedures in the first chapter. Each of the chapters has a useful list of suggested reading materials for more detailed information on the respective subject. The text is well complemented with good illustrations and figures. AMD has aptly received a wide coverage with lots of useful information on this common yet complex macular disorder. The book is indexed for an easy reference to its contents. This well organised, concise book will be invaluable to ophthalmologists, doctors-in-training and other eye care professionals wanting to enhance their ability to provide excellent evaluation and management of macular diseases while caring for their patients.

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Practical Obstetrics and Gynaecology Handbook for the General Practitioner

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This handbook is written by 3 obstetricians and gynaecologists based at the KK Women's & Children's Hospital, Singapore. It is an excellent book that answers the everyday questions that general practitioner (GP) will ask in their clinical practice. The book is divided into 4 main parts: Obstetrics, Investigations in Obstetrics, Gynaecology, and Investigations in Gynaecology. The Obstetrics section covers important topics which are clinically pertinent to GPs, including pre-conception preparation, first trimester bleeding, postnatal care, lactation and breast-feeding, as well as medications used in pregnancy and lactation. The chapter on "*Lactation and Breast-feeding*" is very informative, with lots of helpful advice on common problems such as lactating difficulty, sore nipples and engorgement. The last chapter in the Obstetrics section answers some of the frequently asked questions during pregnancy, such as exercise, air travel, and dental problems.

The chapters devoted to gynaecological disorders are particularly well written, with flowcharts to help the reader identify the most appropriate management in abnormal vaginal bleeding, dysmenorrhoea and chronic pelvic pain. The chapters on Pap smear screening for carcinoma of the cervix and post-coital bleeding are particularly well presented, with beautiful illustrations and photographs to help the reader identify common problems encountered during a speculum examination of the cervix. There are also chapters on sexually transmitted diseases, contraception, hormone replacement therapy, and sub-fertility.

This is a handbook that I would thoroughly recommend to all GPs. The concise nature of the text makes it easy for busy clinicians to refer to.

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