

The Course of Pregnancy in a Patient with Nail-Patella Syndrome

H L Chua,**MBBS, MRCOG*, L K Tan,**FAMS, MRCOG, M Med (O&G)*, H K Tan,***FAMS, MRCOG, MRACOG*,
A S A Tan,****FAMS, MRCOG, M Med (O&G)*, H L Choong,*****FAMS, MBBS, M Med (Int Med)*

Abstract

Introduction: The nail-patella syndrome is a rare autosomal dominant condition with high penetrance. Pregnancy in such a patient is rare and we believe this to be the first report of a live birth occurring in a patient with nail-patella syndrome. **Clinical Picture:** A 25-year-old patient presented in her first pregnancy with nephrotic syndrome associated with characteristic bone abnormalities and nail dysplasia and was later diagnosed to have nail-patella syndrome. In her second pregnancy, the course of her pregnancy was complicated by further deterioration of renal function with superimposed pre-eclampsia resulting in early delivery at 28 weeks. **Conclusion:** Such pregnancies should be regarded as high risk and managed jointly with the renal physician in a tertiary care centre to ensure an optimal outcome to the mother and baby.

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* Associate Consultant

** Consultant

*** Senior Consultant

Department of Obstetrics and Gynaecology

**** Senior Consultant

Department of Renal Medicine

Singapore General Hospital

Address for Reprints: Dr Tan Lay Kok, Department of Obstetrics and Gynaecology, Singapore General Hospital, 1 Hospital Drive, Singapore 169608.