A Deceptive Cervical Lymph Node: A Solitary Spinal Osteochondroma

L Leong,* MBBS (S’pore), M Med (Surg) (S’pore), FRCS (Edin), P Thng,** FAMS, MBBS (S’pore), FRCS (Edin & Glas)

Abstract

Introduction: Osteochondroma of the cervical spine is an uncommon bony tumour. Clinical Picture: We present a case which was misdiagnosed as a posterior cervical lymph node. The patient presented with a tender neck lump and was seen by two surgical departments. They eventually diagnosed it as an osteochondroma and referred the patient to our department. This exostosis arose from the lamina of C3 vertebra and extended posteriorly. The patient presented with persistent neck ache but had no neurological deficit. Treatment: It was excised uneventfully. Conclusion: From the literature review, this appears to be the first case where an exostosis arose from a spinal facet joint. A discussion of osteochondromas follows.

Key words: Cervical spine, Exostosis, Osteochondromatosis

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* Registrar
** Consultant
Department of Orthopaedic Surgery
Changi General Hospital
Address for Reprints: Dr Leslie Leong, Department of Orthopaedic Surgery, Changi General Hospital, 2 Simei Street 3, Singapore 529889.