

Ceftaroline—An Anti-MRSA Cephalosporin and Its Implications for Singapore

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Abstract

Introduction: Ceftaroline is a fifth-generation cephalosporin with activity against methicillin-resistant *Staphylococcus aureus* (MRSA) that was recently launched in Singapore. It received approval from the United States (US) Food Drug Administration (FDA) and European Commission for the treatment of adult patients with community-acquired pneumonia (CAP) and complicated skin and soft tissue infections (cSSTI). This study aimed to review current published data and determine its clinical role, particularly in the local setting. **Materials and Methods:** A literature review on published articles in English on ceftaroline, focusing in particular on clinical trials and other clinical reports. Susceptibility testing was also performed on a limited sample of local MRSA and *Streptococcus pneumoniae* isolates. **Results:** Ceftaroline has an extensive spectrum of activity, including coverage of MRSA and multidrug-resistant *S. pneumoniae*. However, it has limited activity against non-fermenting Gram-negative bacteria and is susceptible to hydrolysis by extended spectrum beta-lactamases. It is only available for intravenous delivery, with a reconstituted stability of just 6 hours, rendering it unavailable for use for outpatient antibiotic therapy. Clinical trials demonstrate non-inferiority compared to first-line comparators in the treatment of CAP and cSSTI. Published case reports/series suggest a potential greater role in the treatment of MRSA bacteremia and endocarditis. No resistance was found among local archived MRSA and *S. pneumoniae* isolates. **Conclusion:** We believe ceftaroline will occupy primarily niche roles for culture-directed treatment of various infections—in particular those caused by MRSA—until further clinical trial data become available. A variety of factors render it less useful or appealing for empirical treatment of CAP or healthcare-associated infections.

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Introduction

Ceftaroline fosamil (TAK-599 or PPI-0903)—the prodrug of the active metabolite, ceftaroline—was launched in Singapore in March 2013 under the tradename Zinfo® by AstraZeneca. It is designated as a member of a new subclass of cephalosporins with activity against methicillin-resistant *Staphylococcus aureus* (MRSA) by the Clinical Laboratory Standards Institute (CLSI) of the USA.¹ Ceftaroline has also been described in the medical literature as a ‘fifth-generation’ cephalosporin.² Ceftaroline was approved by the United States (US) Food and Drug Administration (FDA) in October 2010³ and the European Commission in August 2012⁴ for the treatment of adult patients with community-acquired pneumonia (CAP) and complicated skin and soft tissue infections (cSSTI). The Health Sciences

Authority approved it for the same indications in Singapore in November 2012.⁵

This article will provide an overview of ceftaroline, including its mechanism of action, spectrum of activity, pharmacokinetics and pharmacodynamics, clinical efficacy, case reports on its use in other types of infections, as well as its clinical limitations and potential use in the Singapore healthcare setting.

Chemical Structure and Mechanism of Action

The structure of ceftaroline fosamil is shown in Figure 1. As with other beta-lactam antibiotics, ceftaroline’s anti-bacterial activity results from the binding of the drug to

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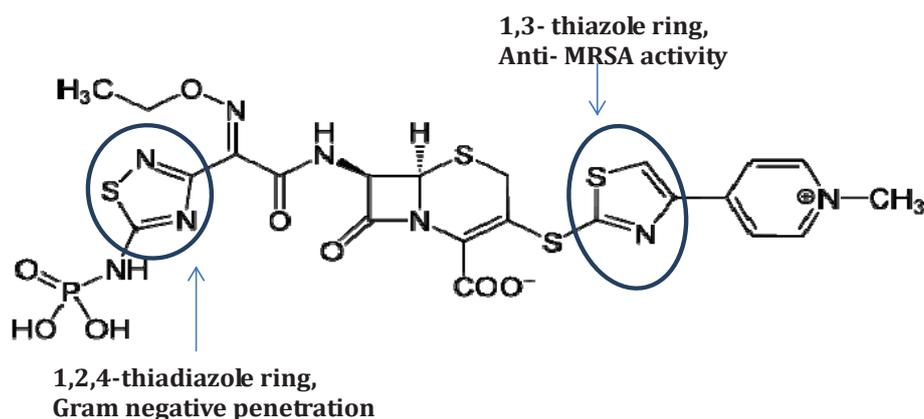


Fig. 1. Chemical structure of ceftaroline fosamil. (Adapted from Wikipedia - <https://en.wikipedia.org/wiki/File:Ceftarolinefosamil.svg>.)

penicillin-binding proteins (PBPs), thereby interfering with bacterial cell wall synthesis. MRSA is resistant to almost all beta-lactam antibiotics because of the presence of the *mecA* gene encoding a modified PBP 2a with poor binding affinity for these drugs.⁶ Ceftaroline binds to PBPs 1-4 and also equally strongly to PBP 2a in MRSA – the latter believed to be due to the addition of a 1,3-thiazole ring at the 3' position of the cephem ring (Fig. 1).^{7,8} It is also able to bind to the

PBPs that confer beta-lactam resistance in *Streptococcus pneumoniae* (i.e. PBP 2b, PBP 2x, etc.), and thus is also active against multidrug-resistant pneumococci.^{8,9}

The retention of the 1,2,4-thiadiazole ring (Fig. 1) permits penetration past the Gram-negative cell wall, with activity against the majority of Enterobacteriaceae and other Gram-negative bacteria.¹⁰ However, the coverage is variable, as further described below.

Table 1. Spectrum of Activity of Ceftaroline, Including MIC₉₀ Results Against Specific Organisms Where Available^{11,12}

Organism (number of isolates)	MIC 90s (mcg/mL) of Ceftaroline
Gram positive	
<i>Staphylococcus aureus</i>	
MSSA (348)	0.25
MRSA (92)	1
VISA (20)	1
VRSA (10)	0.5
Coagulase-negative staphylococci	
Methicillin susceptible (201)	0.12
Methicillin resistant (299)	0.5
<i>Enterococcus faecalis</i>	
Vancomycin susceptible (157)	4
Vancomycin resistant (25)	4
<i>Enterococcus faecium</i> (157)	>16
<i>Streptococcus pyogenes</i>	
Erythromycin susceptible (91)	<0.008
Erythromycin resistant (10)	<0.015
<i>Streptococcus agalactiae</i>	
Erythromycin susceptible (59)	0.015
Erythromycin resistant (42)	0.015
<i>Streptococcus pneumoniae</i>	
Penicillin sensitive (202)	0.015
Penicillin intermediate (103)	0.06
Penicillin resistant (296)	0.12

Table 1. Spectrum of Activity of Ceftaroline, Including MIC₉₀ Results Against Specific Organisms Where Available^{11,12} (Con't)

Organism (number of isolates)	MIC 90s (mcg/mL) of Ceftaroline
Gram negative	
Enterobacteriaceae	
Ceftazidime susceptible (833)	1
Ceftazidime resistant (220)	>16
<i>Citrobacter freundii</i>	
Ceftazidime susceptible (50)	0.25
Ceftazidime resistant (33)	>16
<i>Enterobacter cloacae</i>	
Ceftazidime susceptible (50)	1
Ceftazidime resistant (35)	>16
<i>Escherichia coli</i>	
Ceftazidime Susceptible (345)	0.5
Ceftazidime resistant (63)	>16
<i>Klebsiella pneumoniae</i>	
Ceftazidime susceptible (210)	0.25
Ceftazidime susceptible (66)	>16
<i>Proteus mirabilis</i> (58)	4
<i>Providencia</i> species (27)	>16
<i>Serratia marcescens</i> (59)	16
Acinetobacter species	
Imipenem susceptible (47)	16
Imipenem resistant (16)	>16
<i>Pseudomonas aeruginosa</i> (20)	>32

Spectrum of Activity

The list of organisms against which ceftaroline has demonstrated *in vitro* activity is shown in Table 1 along with the MIC₉₀'s (the minimum concentration of the drug wherein 90% of the tested isolates were inhibited) where available.^{11,12} It is in general active against all *S. aureus* isolates, including those isolates that are non-susceptible to vancomycin, linezolid and/or daptomycin.¹⁰⁻¹³ The European Committee on Antimicrobial Susceptibility Testing (EUCAST)¹⁴ and CLSI recommended breakpoint for *S. aureus* is currently 1 mcg/mL. It is also active against *Streptococcus pyogenes* and *Streptococcus agalactiae*, with all tested isolates inhibited by concentrations of ≤ 0.015 $\mu\text{g/mL}$.¹¹ All *Streptococcus pneumoniae* isolates, regardless of phenotype, were inhibited at concentration levels below the EUCAST and CLSI recommended breakpoint of 0.25 $\mu\text{g/mL}$ and 0.5 $\mu\text{g/mL}$ respectively.

We had performed ceftaroline susceptibility testing on 40 well-characterised MRSA isolates (Table 2)¹⁵⁻¹⁷ and 40 well-characterised *S. pneumoniae* isolates (Table 3)¹⁸ via both Etest and microbroth dilution. The results mirrored international findings,¹⁰⁻¹³ where both organisms were susceptible to ceftaroline despite the presence of resistance to other commonly-used antibiotics. The Etest MIC₉₀ for local MRSA and *S. pneumoniae* was 1.0 $\mu\text{g/mL}$ and 0.125 $\mu\text{g/mL}$ respectively, with slightly higher MICs seen for healthcare-associated MRSA clones and penicillin-resistant *S. pneumoniae* isolates.

Ceftaroline is active against ampicillin-susceptible *Enterococcus faecalis* (even vancomycin-resistant isolates) and ampicillin-susceptible *Enterococcus faecium* *in vitro*,¹⁰ but there is little clinical experience to support these results at present, and neither CLSI nor EUCAST have issued recommended breakpoints against these organisms.

Ceftaroline has variable activity against many Gram-negative Enterobacteriaceae (Table 1).^{10,11} Like the majority of cephalosporins, the drug is susceptible to inactivation by extended-spectrum beta-lactamases and *ampC* beta-lactamases, hence it is potentially inactive against organisms that produce such enzymes.¹⁰ It also has limited activity against non-fermenting Gram-negative bacilli such as *Pseudomonas aeruginosa* and *Acinetobacter baumannii*, with MIC₉₀ of >16 $\mu\text{g/mL}$ for such organisms.^{10,11}

Ceftaroline possesses anti-anaerobic activity similar to that of amoxicillin-clavulanate against Gram-positive anaerobes and 4- to 8-fold greater activity than that of ceftriaxone.¹⁹ It has limited activity against Gram-negative anaerobes, particularly members of the *Bacteroides fragilis* group, but is active against most beta-lactamase-negative anaerobes, including *Actinomyces spp.*, *Propionibacterium spp.*, *Eubacterium spp.*, *Clostridium perfringens*, *Clostridium ramosum*, and *Clostridium innocuum*.¹⁹

The drug has no activity against atypical organisms and mycobacteria. In summary, ceftaroline demonstrates potent activity against Gram-positive organisms but only moderate activity against Gram-negative organisms *in vitro*.

Pharmacokinetics

Ceftaroline fosamil is a prodrug that undergoes rapid dephosphorylation in the bloodstream to the active compound after infusion.²⁰ The volume of distribution is 28.3 L (0.37 L/kg; range, 0.31 to 0.45 L/kg), representing distribution into the total body water compartment. The drug does not significantly bind to serum proteins ($<20\%$ protein-bound), and undergoes further conversion by hydrolysis of its beta-lactam ring to form an inactive, open-ring metabolite (ceftaroline M-1). The average half-life of ceftaroline and ceftaroline M-1 is 2.6 hours and 4.5 hours respectively. The CYP450 system does not appear to be a significant metabolic pathway for ceftaroline, which implies that this drug has a low potential for drug-drug interactions.²⁰

Approximately 50% of the dose of ceftaroline is excreted as active drug in the urine. In patients with mild renal impairment (creatinine clearance [CrCl] of 50 to 80 mL/min), the area under the curve (AUC) was 25% higher and the half-life 14% longer. In patients with moderate renal impairment (CrCl 30 to 50 mL/min), the AUC was 50% higher. Because of these characteristics, ceftaroline should be used with caution in patients with moderate to severe renal impairment, and dosing adjustments according to renal function are advised.⁸ The dosing recommendation for intravenous dosing is as follows, depending on the CrCl:^{20,21}

- >50 mL/min: no adjustment (600 mg every 12 hours).
- 30 to 50 mL/min: 400 mg every 12 hours.
- 15 to 30 mL/min: 300 mg every 12 hours.
- <15 mL/min and patients on dialysis: 200 mg every 12 hours.

Pharmacodynamics

As with other beta-lactams, ceftaroline exhibits time-dependent killing. The amount of time that the serum concentration remains above the MIC represents the main pharmacodynamic predictor of efficacy.

A minimal post-antibiotic effect ranging from 1.9 hours to 7.2 hours for *S. pneumoniae*, *Escherichia coli* and *S. aureus* was demonstrated in murine thigh and lung infection models.²² Ceftaroline was found to be bacteriostatic for staphylococci and Gram-negative bacilli when free drug concentration exceeded the MIC for 30% and 40% of the dosing interval respectively. However, bactericidal activity for staphylococci and Gram-negative bacilli with ceftaroline occurred when percentage time $>$ MIC was 50% and 60%, respectively.^{22,23}

Table 2. Ceftaroline and Vancomycin Susceptibility Testing Results for Local MRSA Isolates¹⁵⁻¹⁷

Isolate	Year	MLST ^a	Vancomycin MIC (Etest), µg/mL	hVISA/ VISA ^b	Ceftaroline MIC (Etest), µg/mL	Ceftaroline MIC (Microbroth), µg/mL
1	2003	239	4	VISA	0.75	1.024
2	2005	239	0.75	-	1.0	1.024
3	2008	239	1	-	1.0	1.024
4	2006	239	1.5	-	0.75	1.024
5	2001	239	2	hVISA	1.0	1.024
6	2005	239	4	VISA	0.5	0.512
7	2009	239	3	VISA	0.75	1.024
8	2000	239	3	VISA	0.75	1.024
9	2007	239	2	hVISA	1.0	1.024
10	2005	239	2	-	0.75	1.024
11	2005	239	2	-	0.75	1.024
12	2006	239	2	-	1.0	1.024
13	2006	239	2	-	1.0	1.024
14	2008	239	2	-	1.0	1.024
15	2008	239	2	-	0.75	1.024
16	2009	239	2	-	1.0	1.024
17	2009	239	2	-	0.38	0.512
18	2010	239	2	-	1.0	1.024
19	2010	239	2	-	0.75	1.024
20	2010	239	2	-	1.0	1.024
21	2006	22	2	hVISA	0.75	0.512
22	2009	22	2	hVISA	0.75	1.024
23	2009	22	3	VISA	0.75	0.512
24	2005	22	0.75	-	1.0	1.024
25	2007	22	0.75	-	0.5	0.512
26	2004	22	1	-	0.75	1.024
27	2003	22	0.75	-	0.75	0.512
28	2007	22	1	-	0.75	0.512
29	2010	22	0.75	-	0.75	0.512
30	2010	22	0.5	-	0.75	0.512
31	2005	30	1	-	0.5	0.512
32	2007	30	0.75	-	0.75	0.512
33	2005	30	0.75	-	0.5	0.512
34	2005	30	0.75	-	0.75	0.512
35	2008	30	0.75	-	0.5	0.512
36	2003	80	1.5	-	0.38	0.512
37	2005	8	0.75	-	0.5	0.512
38	2004	59	1	-	0.38	0.512
39	2007	59	1	-	0.38	0.512
40	2005	398	1.5	-	0.38	0.512

^aMLST: Multilocus sequence type. ST239 and ST22 are healthcare-associated MRSA; all others are community-associated MRSA except ST398, which is a livestock-associated MRSA.

^bhVISA: Heterogeneous vancomycin-intermediate *S. aureus*; VISA: Vancomycin-intermediate *S. aureus*.

Table 3. Ceftaroline, Penicillin and Ceftriaxone Susceptibility Testing Results for Local *Streptococcus Pneumoniae* Isolates¹⁸

Isolate	Year	Sero-type	Penicillin MIC (Etest), µg/mL	Ceftriaxone MIC (Etest), µg/mL	Ceftaroline MIC (Etest), µg/mL	Ceftaroline MIC (Microbroth), µg/mL
1	2000	19F	1.5	0.75	0.125	0.128
2	2000	14	0.016	0.016	0.008	0.008
3	2000	20	0.016	0.023	0.012	0.008
4	2000	8	0.016	0.008	0.008	0.008
5	2000	9A/L	0.016	0.012	0.012	0.008
6	2000	12F	0.016	0.006	0.008	0.008
7	2000	8	0.016	0.012	0.012	0.008
8	2000	3	0.016	0.012	0.008	0.004
9	2001	14	0.75	0.38	0.125	0.128
10	2001	14	2	0.5	0.125	0.128
11	2001	7C	2	0.5	0.094	0.128
12	2001	NT ^a	0.016	0.06	0.008	0.004
13	2001	1	0.016	0.008	0.012	0.008
14	2001	20	0.016	0.016	0.008	0.008
15	2002	14	0.75	0.5	0.125	0.128
16	2002	1	1	0.138	0.094	0.064
17	2003	33F	1	0.5	0.125	0.256
18	2003	19F	1.5	0.5	0.19	0.256
19	2004	23F	2	1	0.125	0.128
20	2004	19F	2	1	0.125	0.128
21	2004	14	0.016	0.032	0.008	0.008
22	2004	33F	0.016	0.016	0.008	0.008
23	2004	6B	0.016	0.06	0.008	0.008
24	2005	3	0.016	0.016	0.008	0.004
25	2005	14	0.75	0.38	0.094	0.128
26	2005	6B	1	0.5	0.064	0.064
27	2005	14	1	0.12	0.094	0.129
28	2005	23F	2	1	0.125	0.128
29	2005	8	0.012	0.012	0.012	0.008
30	2005	NT ^a	0.016	0.016	0.012	0.008
31	2005	18C	0.016	0.008	0.008	0.008
32	2005	23F	0.016	0.016	0.006	0.008
33	2005	10A	0.016	0.016	0.008	0.004
34	2006	19F	1	0.5	0.094	0.128
35	2006	14	1.5	0.5	0.094	0.128
36	2010	6B	2	1	0.19	0.128
37	2007	19A	1	0.25	0.047	0.032
38	2007	23F	1	0.5	0.094	0.128
39	2007	23F	2	1	0.19	0.256
40	2007	19F	2	1	0.125	0.128

^aNT: Non-typeable

Clinical Efficacy

The efficacy and safety of ceftaroline was assessed in 4 large phase 3 programmes of randomised, double-blind, clinical trials for CAP and cSSTI, and these are summarised in Table 4.²⁴⁻²⁹

The FOCUS 1 and 2^{24,25} (ceftaroline Community-acquired pneumonia trial vs ceftriaxone in hospitalised patients) trials were the 2 pivotal trials used for registration with FDA for the indication of CAP. Similarly, the CANVAS 1 and 2^{27,28} (Ceftaroline Versus Vancomycin in Skin and Skin Structure Infections) trials were the 2 registration trials used for the indication of cSSTI.

The FOCUS programme was prospectively designed to pool results from both FOCUS 1 and 2 for integrated analysis as the 2 trials were similar to each other.²⁶ The primary objective was to determine non-inferiority in the clinical cure rates of ceftaroline compared with ceftriaxone in the clinically evaluable (CE) and modified intention-to-treat efficacy (MITTE) populations at the test-of-cure visit. The cure rates in both CE and MITTE populations met the non-inferiority criteria (lower limit of the 95% confidence interval being ≥ -10) but could not be considered superior to the comparator drugs in view of the design of the trials (Table 4).²⁶

In the CANVAS studies, ceftaroline monotherapy was compared with vancomycin plus aztreonam in cSSTI. Similar to the FOCUS programmes, the 2 trials were designed to allow pooling of results for a larger database of pathogens and safety information.²⁹ The primary objective of each trial was also to determine non-inferiority of the clinical cure rate achieved with ceftaroline compared to vancomycin plus aztreonam combination therapy in the CE and MITTE patient populations. This was achieved. In a subgroup analysis, the clinical cure rates in microbiologically evaluable patients with MRSA were 93.45% and 94.3% in the ceftaroline and comparator arms respectively, but no confidence interval was reported.²⁹

In summary, for the indications of CAP and cSSTI, therapy with ceftaroline was observed to be non-inferior to the comparator agents at both a standard test of cure assessment time (8 to 15 days after discontinuation of study drug) and an early assessment time point (day 3 or 4 of study). The recommended duration of therapy is 5 to 7 days and 5 to 14 days for CAP and cSSTI respectively.

Safety and Tolerability

Ceftaroline was generally well tolerated in the licensing trials, with an adverse event profile similar to the comparator agents—ceftriaxone and vancomycin plus aztreonam.^{24,25,27,28} The most common adverse events reported in clinical trials were diarrhoea, nausea and headache and these are summarised in Table 4.²⁴⁻²⁹

Use of Ceftaroline for Other Indications

Currently, there is no clinical trial data available for use of ceftaroline out of its approved indications for CAP and cSSTI. A search on the clinical trials website (<http://clinicaltrials.gov/>) revealed 2 other studies on urinary tract infections and MRSA bacteremia respectively, but the results are not yet available. Nonetheless, there are numerous case reports/series on the use of ceftaroline for other infections, especially endocarditis. We have summarised these reports in Table 5.³⁰⁻³⁴

The anti-MRSA activity of ceftaroline has been exhibited in both in vitro and animal studies, including rabbit endocarditis models.^{35,36}

In order to mitigate its vulnerability to extended-spectrum beta-lactamase-producing Enterobacteriaceae, ceftaroline has also been tested in combination with avibactam (formerly known as NXL104), a novel non-beta-lactam beta-lactamase inhibitor.³⁷⁻³⁹ Avibactam permanently inactivates extended-spectrum beta-lactamases and *ampC* enzymes by forming a stable and irreversible covalent bond within their active sites.⁴⁰ The combination of ceftaroline and avibactam has demonstrated in vitro potency against extended-spectrum beta-lactamase- and *ampC*-producing Enterobacteriaceae, but not against *P. aeruginosa* or *Acinetobacter baumannii*.³⁷⁻³⁹ It is currently being evaluated in Phase 2 studies of complicated urinary tract and intra-abdominal infections by AstraZenica/Forest.⁴¹

Clinical Limitations and Potential Usage of Ceftaroline (Especially Local Context)

Ceftaroline has only been rigorously tested on specific populations of patients with CAP and cSSTI in randomised controlled clinical trials,²⁴⁻²⁹ and its clinical efficacy on other types of infections and also within CAP and cSSTI subpopulations remain uncertain. Much of its presumptive efficacy—as evidenced by the case reports and series (Table 5)³⁰⁻³⁴—has been extrapolated based on in vitro susceptibility testing and by its nature as a cephalosporin, where, as a class of antibiotics, extensive experience has been accumulated.

For the indication of CAP, the results from the FOCUS trials support the efficacy and safety of the drug in inpatients with CAP who are managed in a non-intensive care unit (ICU) setting, but its efficacy in other populations is not clear. Based on the exclusion criteria, data are lacking in patients that are immunosuppressed, require ICU admission, or have risk factors for other hospital-acquired infections. Importantly, ceftaroline demonstrated clinical efficacy for the treatment of multidrug-resistant *S. pneumoniae*, but larger studies are needed to confirm these findings. In the local and regional setting, where pneumonia caused by *Burkholderia pseudomallei* is a concern particularly in severely ill patients where early appropriate antibiotic

Table 4. Summary of Licensing Trials for Cefataroline²⁴⁻²⁹

Drugs	FOCUS 1 and 2 ²⁴⁻²⁶		CANVAS 1 and 2 ²⁷⁻²⁹	
	Ceftaroline	Ceftriaxone	Ceftaroline	Vancomycin plus Aztreonam
Indication	Community-acquired pneumonia		Complicated skin and soft tissue infection	
Type of Trials	Phase III multicenter, randomised, double-blind		Phase III multicenter, randomised, double-blind	
Study design	To demonstrate non-inferiority of comparator		To demonstrate non-inferiority of comparators	
Number of patients randomised	1240		1396	
Key exclusions	Patients <ul style="list-style-type: none"> Admitted to the intensive care unit On dialysis With risk factors for an MRSA Infection (as ceftriaxone is not effective against this organism) 		Patients with <ul style="list-style-type: none"> Suspected <i>Pseudomonas aeruginosa</i> or anaerobic infection Decubitus ulcer, diabetic foot ulcer, ulcer associated with peripheral vascular disease accompanied by osteomyelitis Extensive burns 	
Doses	600 mg IV every 12 hours	1g IV every 24 hours	600 mg IV every 12 hours	Vancomycin 1g IV every 12 hours plus aztreonam 1g IV every 8 hours
Clinical cure rates				
a) In clinically evaluable populations	387/459 (84.3%) 95% CI, 1.6 to 11.8	349/449 (77.7%)	559/610 (91.6%) 95% CI, - 4.2 to 2.0	549/592 (92.7%)
b) In modified intent-to-treat efficacy populations	479/580 (82.6%) 95% CI, 1.4 to 10.7	439/573 (76.6%)	595/693 (85.9%) 95% CI, - 3.4 to 4	586/685 (85.5%)
c) In microbiologically evaluable populations	131/154 (85.1%) 95% CI, 0.7 to 18.8	111/147 (75.5%)	434/468 (92.7%) 95% CI, - 4.9 to 1.6	421/446 (94.4%)
d) In community-acquired pneumonia caused by <i>Streptococcus pneumoniae</i>	59/69 (85.5%) No 95% CI reported	48/70 (68.8%)		
e) In multidrug-resistant <i>S. pneumoniae</i> pneumonia	4/4 (100%)	2/9 (22%)		
f) In microbiologically evaluable patients with MRSA cSSTI			142/152 (93.4%) No CI reported	115/122 (94.3%)
g) In MRSA bacteremia			6/7 (85.7%) 95% CI, - 53.5 to 58.4	2/2 (100%)
Treatment emergent adverse events				
a) Nausea (%)	2.3	2.3	5.9	5.1
b) Headache (%)	3.4	1.5	5.2	4.5
c) Rash (%)	NA	NA	3.2	2.5
d) Diarrhoea (%)	4.2	2.6	4.9	3.8
e) <i>Clostridium-difficile</i> associated diarrhoea	0	0	2 cases	1 case

CI: Confidence interval; NA: Not available

Table 5. Summary of Case Reports of Ceftaroline Used in Indications Other Than CAP and cSSTI³⁰⁻³⁴

Author of case reports	No. of patients	Type of Infection	Failed prior therapy (if any)	Indication for Ceftaroline	Highest dose of ceftaroline used	Clinical outcome ^{a, b}
Ho et al ³⁰	6	Persistent MRSA bacteremia <ul style="list-style-type: none"> • 2 endocarditis • 1 uveitis and endophthalmitis • 1 UTI • 1 uveitis and ethmoid osteomyelitis • 1 prostatitis and septic thrombophlebitis 	Vancomycin and/or daptomycin	Salvage	600 mg 8H	5 achieved clinical cure; 6 achieved microbiological cure; 1 death
Lin et al ³¹	10	<ul style="list-style-type: none"> • 4 MRSA bacteremia with probable endocarditis • 1 MRSA bacteremia with probable endocarditis and septic arthritis • 2 MRSA pneumonia • 1 MRSA bacteremia with septic arthritis • 2 osteomyelitis 	Vancomycin and/or daptomycin	Salvage and/or add on therapy to daptomycin	600 mg 8H (or lower for patients with impaired renal function)	6 achieved clinical cure; 7 achieved microbiological cure; 3 deaths
Rose et al ³²	1	Persistent MRSA bacteremia, septic shock and development of reduced daptomycin susceptibility	Daptomycin	Add on therapy to daptomycin	200 mg bd (adjusted for ESRF)	Achieved microbiological cure and discharged to hospice
Jongsma et al ³³	1	Persistent MRSA bacteremia and daptomycin-non-susceptible <i>Staphylococcus aureus</i> infective endocarditis and osteomyelitis	Daptomycin and vancomycin	Salvage	600 mg bd	Clinical and microbiological cure
Sakoulas G et al ³⁴	1	Recurrent case of left-sided endocarditis caused by high-level aminoglycoside-resistant <i>Enterococcus faecalis</i>	Ampicillin and ceftriaxone, followed by ampicillin and daptomycin	Add on therapy to daptomycin for synergy (ampicillin was discontinued)	600 mg 8H	Clinical and microbiological cure

^aClinical cure was defined as resolution of all signs and symptoms of infection or improvement such that no further antimicrobial therapy was necessary.

^bMicrobiological cure was defined as negative cultures after antimicrobial therapy.

UTI: Urinary Tract Infection

coverage may be critical, it is less easy to delineate a niche for ceftaroline, especially as the cost of the drug is high compared to standard CAP therapy. Existing in vitro susceptibility testing data on 30 isolates suggest that the *B. pseudomallei* ceftaroline MIC is equivalent to ceftazidime MIC,⁴² but the dose required to attain the pharmacodynamic breakpoint (extrapolated to be 5 to 6 grams daily) is far higher than is currently recommended for CAP or that which has been tested in early human studies to date.

For the indication of cSSTI, its anti-MRSA activity increases the options for clinicians who may be able to use ceftaroline as a single agent for the treatment of mixed Gram-negative and Gram-positive (with MRSA) infections. However, ceftaroline does not have good in vitro activity against several important nosocomial Gram-negative pathogens such as *P. aeruginosa*. Thus it may not be an adequate substitute for currently used antibiotics such as ceftazidime, cefepime or piperacillin/tazobactam for the

empiric treatment of nosocomial cSSTI, or as empirical treatment for any nosocomial infection locally. Ceftaroline will likely not become the first-line therapy for nosocomial cSSTI in the near future but is otherwise a viable alternative in the right setting, i.e. culture-directed therapy where only MRSA and susceptible Gram-negative bacteria are cultured out, and/or where vancomycin is not appropriate or has failed therapy.

Although not currently recommended as a treatment for MRSA bacteremia, this is the area where ceftaroline has the greatest potential to improve on current therapy. Other than daptomycin, beta-lactam antibiotics have generally proven superior to other classes of antibiotics for the treatment of *S. aureus* bacteremia and endocarditis.⁴³ Early data from case reports are promising, but a formal clinical trial is required to ascertain the role of ceftaroline for *S. aureus* (including MRSA) bacteremia. As this point in time, we would recommend that ceftaroline should only be prescribed

for patients with severe systemic MRSA infections who have already failed vancomycin and/or daptomycin therapy. More frequent dosing intervals (IV 600 mg 8H) is recommended based on pharmacodynamics parameters and the experiences reported in existing case reports.³⁰⁻³⁴

In terms of drug delivery, ceftaroline has to be provided via the intravenous route twice (or thrice) daily for patients with normal renal function. It therefore offers no advantage in terms of administration when compared with alternative agents, particularly for CAP (levofloxacin or moxifloxacin can be orally administered, whereas ceftriaxone can be administered intravenously once a day). Once reconstituted, the drug is only stable for 6 hours at room temperature (or 24 hours at 2 to 8 degrees Celsius).³ Thus it has no role in terms of outpatient antibiotic therapy (OPAT).

Because ceftaroline has just been launched in Singapore and has not been included in any public hospital's drug formulary, local experience is limited and largely restricted to patients with disseminated MRSA infections who have failed more conventional therapy such as vancomycin and daptomycin. Anecdotally, success rates have been variable.

Conclusion

In summary, ceftaroline is the first cephalosporin to be approved for the treatment of MRSA infections with an efficacy profile similar to its comparators in the treatment of CAP and cSSTI. Its strength lies in this enhanced Gram-positive coverage. More research is necessary to determine its role in other severe systemic MRSA infections such as bacteremia and osteomyelitis. While its spectrum of activity is extensive in comparison to earlier-generation cephalosporins, inadequate coverage of non-fermenting Gram-negative bacteria such as *P. aeruginosa* and *A. baumannii*, and its vulnerability to extended-spectrum beta-lactamases produced by a significant proportion of local nosocomial Enterobacteriaceae restrict its usefulness as an antimicrobial agent for empirical treatment of healthcare-associated infections. In the local context, the high drug costs, uncertainty about coverage of *B. pseudomallei* and low rates of community-associated MRSA pneumonia⁴⁴ render it less appealing as empirical therapy for moderate-to-severe CAP. We anticipate that ceftaroline will occupy primarily niche roles for culture-directed treatment of various infections—in particular those caused by MRSA—until further clinical trial data become available.

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