

Table 1. Proportions and mean number of medical diseases by baseline characteristics

	N=254,377 No. of patients (%)	Number of chronic diseases				
		1	2	3	4	≥5
		14.8	22.8	26.0	20.0	16.4
Sex						
Female	134,430 (52.8)	15.5	23.1	25.6	19.6	16.2
Male	119,947 (47.2)	14.1	22.6	26.4	20.4	16.6
Ethnicity						
Chinese	195,581 (76.9)	15.0	24.0	26.6	19.4	15.0
Malay	29,049 (11.4)	14.7	18.5	24.0	22.3	20.5
Indian	22,007 (8.7)	12.8	18.8	23.6	22.1	22.7
Others	7,740 (3.0)	17.6	22.1	23.6	19.6	17.1
Age group, years						
21–30	3,818 (1.5%)	71.9	19.0	5.7	2.7	0.8
31–40	6,725 (2.6)	43.9	27.8	16.3	8.5	3.5
41–50	24,818 (9.8)	27.8	29.6	22.3	12.9	7.4
51–60	68,644 (27.0)	17.7	27.0	26.3	17.5	11.5
61–70	85,624 (33.7)	11.1	23.1	28.5	21.2	16.1
71–80	45,528 (17.9)	6.2	16.4	27.0	25.4	25.0
>80	19,220 (7.6)	3.8	12.3	23.3	26.7	33.9