

Table 4. Top 10 triads (by prevalence) and their annual cost per capita (SGD)

Rank	Disease 1	Disease 2	Disease 3	No. of patients (%)	Annual cost per capita <sup>a</sup>	
					Mean (SD)	Median (IQR)
1	Hyperlipidaemia	Hypertension	Type 2 diabetes mellitus	20,499 (31.0)	864 (511)	747 (533–1,052)
2	Hyperlipidaemia	Hypertension	Arthritis and/or rheumatoid arthritis	7,553 (11.4)	481 (248)	439 (311–603)
3	Hyperlipidaemia	Hypertension	Cardiovascular disease (angina, myocardial infarct, atrial fibrillation, poor circulation of lower limbs)	4,158 (6.3)	625 (327)	571 (412–780)
4	Hyperlipidaemia	Hypertension	Obesity	3,836 (5.8)	456 (222)	418 (304–563)
5	Hyperlipidaemia	Hypertension	Stroke and transient ischaemic attack	2,539 (3.8)	560 (284)	518 (373–698)
6	Hyperlipidaemia	Hypertension	Chronic hepatitis	1,878 (2.8)	471 (230)	430 (311–592)
7	Hyperlipidaemia	Type 2 diabetes mellitus	Arthritis and/or rheumatoid arthritis	1,759 (2.7)	722 (438)	622 (447–876)
8	Hyperlipidaemia	Hypertension	Kidney disease or failure	1,345 (2.0)	532 (283)	481 (346–672)
9	Hyperlipidaemia	Hypertension	Thyroid disorder	1,269 (1.9)	530 (245)	489 (354–662)
10	Hyperlipidaemia	Type 2 diabetes mellitus	Obesity	1,230 (1.9)	774 (510)	651 (452–946)

IQR: interquartile range; SD: standard deviation

<sup>a</sup>Figures are rounded to the nearest dollar