Table 1. Unadjusted and propensity score-adjusted analysis on perceived stigmatisation reported by respondents across different weight categories

<table>
<thead>
<tr>
<th>Class I obesity (BMI 27.5–34.9)</th>
<th>Class II obesity (BMI 35–39.9)</th>
<th>Class III obesity (BMI &gt;40)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRR (95% CI)</td>
<td>PRR (95% CI)</td>
<td>PRR (95% CI)</td>
</tr>
</tbody>
</table>

Self (perception) domain
1. Do you consider obesity a disease? 1
2. Do you believe that your weight is solely your own responsibility? 1
3. Do you believe that pressures (out of your control) have affected how you manage your weight? 1
4. Do you blame yourself for your weight issues? 1

Social domain
1. Have you ever been stigmatised, criticised, or abused as a direct result of your weight? 1
2. Has this (stigmatisation) affected your motivation to gain better health by healthy diet and exercise? 1
3. Has this (stigmatisation) led you to consume unhealthy food, overconsume food or partake in less exercise? 1
4. Has this (stigmatisation) affected your overall confidence level and sense of self-worth? 1
5. Has this (stigmatisation) caused you to have low mood or feel depressed? 1
6. Have you ever been blamed by others for your weight issues? 1

Healthcare domain
1. Have you discussed being overweight or losing weight with a healthcare provider over the last 5 years? 1
2. Do you feel comfortable discussing your weight problems at the polyclinic? 1
3. Have you ever felt that you were not treated with dignity and respect by healthcare professionals, or discouraged to discuss your weight problems? 1

Workplace or education domain
1. Have you ever been bullied at school because of your weight? 1
2. Have you ever missed out on jobs, overlooked for job promotions, or retrenched because of your weight? 1

BMI: body mass index; CI: confidence interval; PRR: prevalence rate ratio

1 Propensity score was computed to adjust for all sociodemographic parameters, which include age, sex, ethnicity, education and income level. BMI 27.5–34.9 (class I obesity) was taken as the reference category. Values in bold are statistically significant.