

Supplementary Table S1. Logistic regressions with interaction terms (hypertension as outcome).

	Model 1		Model 2	
	OR (95% CI)	<i>P</i> value	OR (95% CI)	<i>P</i> value
Leisure-related physical activity x age group				
>0–826 MET-minutes				
35–49 years old	0.93 (0.16–5.57)	0.936		
50–64 years old	1.16 (0.21–6.42)	0.867		
≥65 years old	1.53 (0.25–9.24)	0.640		
>826 MET-minutes				
35–49 years old	3.23 (0.56–18.81)	0.191		
50–64 years old	3.03 (0.57–16.13)	0.194		
≥65 years old	8.18 (1.52–44.01)	0.014		
Sedentary behaviour x age group				
>5–8 hours				
35–49 years old			0.23 (0.02–2.91)	0.258
50–64 years old			0.14 (0.01–1.66)	0.120
≥65 years old			0.19 (0.02–2.24)	0.186
>8 hours				
35–49 years old			0.11 (0.01–1.18)	0.069
50–64 years old			0.12 (0.01–1.12)	0.062
≥65 years old			0.09 (0.01–0.90)	0.041

CI: confidence interval; DASH: Dietary Approaches to Stop Hypertension; MET: metabolic equivalent of task; OR: odds ratio

Both models included age, sex, education, ethnicity, personal income, DASH score, body mass index (international), diabetes, work-related physical activity, transport-related physical activity, leisure-related physical activity and sedentary behaviour. Bold values indicate statistical significance ($P < 0.05$)