

Supplementary Table S1. Relationship between independent and dependent variables in the final model

Independent Variable	Dependent Variable	Regression coefficient	95% CI		P value
			Lower	Upper	
Direct Effect					
Concerns	DASS	0.242	0.126	0.358	<0.001
PMH	DASS	-0.280	-0.428	-0.132	<0.001
Resilience	DASS	-0.482	-0.630	-0.334	<0.001
Neighbourhood	DASS	0.468	0.017	0.919	0.041
Age	DASS	-0.015	-0.023	-0.007	<0.001
Malay	DASS	0.067	-0.104	0.238	0.439
Indian	DASS	0.057	-0.103	0.217	0.479
Others	DASS	0.258	0.004	0.512	0.045
Concerns	PHQ	0.152	0.063	0.241	0.001
Social distance	PHQ	0.136	0.045	0.227	0.003
PMH	PHQ	-0.335	-0.471	-0.199	<0.001
Resilience	PHQ	-0.394	-0.508	-0.280	<0.001
Age	PHQ	-0.018	-0.024	-0.012	<0.001
Malay	PHQ	0.156	0.000	0.312	0.048
Indian	PHQ	0.066	-0.058	0.190	0.291
Others	PHQ	0.298	0.113	0.483	0.002
Concerns	GAD	0.280	0.172	0.388	<0.001
PMH	GAD	-0.252	-0.384	-0.120	<0.001
Resilience	GAD	-0.516	-0.660	-0.372	<0.001
Age	GAD	-0.013	-0.019	-0.007	<0.001
Female	GAD	0.165	0.033	0.297	0.014
Concerns	PMH	-0.147	-0.232	-0.062	0.001
Resilience	PMH	0.498	0.400	0.597	<0.001

Age	PMH	0.008	0.002	0.014	0.003
Malay	PMH	0.307	0.143	0.471	<0.001
Indian	PMH	0.211	0.071	0.351	0.003
Others	PMH	0.238	0.063	0.413	0.007
Primary	PMH	-0.745	-1.096	-0.394	<0.001
Secondary	PMH	-0.184	-0.472	0.104	0.209
Post-Secondary	PMH	-0.211	-0.394	-0.028	0.023
Female	PMH	0.238	0.108	0.368	<0.001
Quarantine	Resilience	0.314	0.011	0.617	0.041
Female	Resilience	-0.228	-0.384	-0.072	0.004
Economically inactive	Resilience	-0.166	-0.404	0.072	0.171
Unemployed	Resilience	-0.479	-0.830	-0.128	0.007
Age	Social distance	0.008	0.002	0.014	0.017
Malay	Concerns	0.393	0.141	0.645	0.002
Indian	Concerns	-0.031	-0.258	0.196	0.786
Others	Concerns	0.175	-0.113	0.463	0.231
Indirect effect					
Resilience via PMH	DASS	-0.139	-0.216	-0.062	<0.001
Resilience via PMH	PHQ	-0.167	-0.238	-0.096	<0.002
Resilience via PMH	GAD	-0.125	-0.196	-0.054	0.001

DASS: Stress; PHQ: Depression; GAD: Anxiety; PMH: Positive Mental Health