

Table 2. Prevalence of depression, anxiety, stress and suicidal ideation; mean resilience and positive mental health by sociodemographic factors.

		Depression		Anxiety		Stress		Suicidal thoughts		Resilience		Positive mental health	
		N	%	N	%	N	%	N	%	Mean	SD	Mean	SD
Age, years	21–34	57	12.7	55	13.1	55	12.7	26	7.8	3.02	0.36	4.52	0.91
	35–49	26	8.9	32	8.8	32	6.7	16	3.4	3.04	0.34	4.48	0.91
	50–64	10	3.7	13	4.8	11	4.7	9	3.1	3.00	0.25	4.57	0.83
	65+	5	5.8	8	6.1	4	3.0	3	4.9	3.04	0.26	4.39	0.79
Sex	Male	46	5.7	44	6.1	46	6.7	30	5.4	3.03	0.34	4.41	0.98
	Female	52	10.2	64	10.6	56	7.5	24	4.2	3.02	0.29	4.58	0.83
Ethnicity	Chinese	29	7.7	32	7.7	27	6.4	18	4.8	3.02	0.20	4.41	0.64
	Malay	35	11.0	35	11.2	31	9.1	16	5.5	3.01	0.56	4.80	0.99
	Indian	25	6.4	29	9.3	32	8.2	16	4.3	3.07	0.65	4.66	1.46
	Others	9	7.6	12	10.6	12	10.8	4	3.6	3.05	0.53	4.77	1.31
Marital status	Never married	57	14.9	50	14.8	47	12.3	25	7.1	3.00	0.32	4.40	1.00
	Married	31	4.1	51	5.7	49	5.4	25	3.7	3.04	0.31	4.53	0.90
	Divorced/separated/widowed	10	13.1	7	8.0	6	3.4	4	5.7	3.01	0.29	4.53	0.67
Education	Primary	4	12.4	2	6.2	2	6.2	3	6.9	2.96	0.22	4.04	0.67
	Secondary	11	6.2	16	7.8	10	5.4	7	5.0	3.03	0.22	4.68	0.63
	Post-secondary	49	10.2	46	11.6	42	10.0	24	6.3	3.04	0.35	4.50	0.99
	Degree and above	34	5.6	44	7.1	48	6.2	20	2.6	3.04	0.35	4.55	0.89
Employment	Employed	71	7.6	84	8.4	85	6.8	36	3.5	3.03	0.32	4.54	0.86
	Economically inactive	17	7.2	15	6.8	10	5.5	12	8.4	3.04	0.28	4.47	0.92
	Unemployed	10	14.1	9	13.4	7	15.5	6	7.1	2.94	0.29	4.12	1.06

SD: standard deviation