

Table 1. Sample characteristics by vital and cognitive impairment status.

Cognitive status	No CI (n=14,504)	CI (n=2443)
Panel A: Demographics		
Men, %	41.4	37.0
Age, mean	72.0	76.7
Level of education, %		
None	18.0	24.0
Primary	45.3	41.6
Secondary and above	36.7	34.4
Living alone, %	7.8	7.9
Housing type, %		
HDB 1-2 room	4.2	6.8
HDB 3-room	30.6	36.4
HDB 4 room	38.1	36.1
HDB 5 room or exec	24.3	19.0
Private or others	2.7	1.7
Panel B: Health measures		
BMI group, %		
≤18.4 (underweight)	6.5	7.2
18.5–22.9 (low CVD risk)	42.2	39.9
23.0–27.4 (moderate CVD risk)	40.6	40.7
≥27.5 (high CVD risk)	10.8	12.2
High blood pressure, %	61.9	66.1
Heart attack/angina/heart failure, %	9.6	10.1
Coronary bypass/angioplasty, %	7.1	7.4
Stroke, %	4.7	8.1
Diabetes, %	22.0	26.1
High cholesterol, %	57.6	53.1
Gout, %	6.2	4.3
Cancer, %	6.8	5.6
Chronic lung disease, %	1.0	0.8
Arthritis, %	18.4	20.1
Kidney failure, %	1.3	1.6
Parkinson's disease, %	0.5	1.2
Deceased by 2019, %	7.1	17.6

BMI: body mass index; CI: cognitive impairment; CVD: cardiovascular disease