

Characteristics	No. (%)	Mean (SD)
Sex		
Female	60 (56.1)	
Male	47 (43.9)	
Nationality	107	
Singaporean	91 (85.0)	
Permanent Resident	11 (10.3)	
Non-citizens or resident	5 (4.7)	
Ethnicity <sup>a</sup>		
Chinese	81 (75.7)	
Malay	4 (3.7)	
Indian	5 (4.7)	
Others	17 (15.9)	
Age at first visit		15.04 (2.22)
Current age		19.25 (2.42)
Age when diagnosed with GD		16.58 (1.78)
Number of siblings		1.16 (0.96)
0	29 (27.1)	
1	41 (38.3)	
2	25 (23.4)	
≥3	10 (9.3)	
No information	2 (1.9)	
First diagnosis received		
ADHD	11 (10.3)	
Mood disorders	22 (20.56)	
Anxiety disorders	5 (4.7)	
ASD	3 (2.8)	
Eating disorders	1 (0.9)	
GD/gender identity disorder	64 (61.86)	
OCD	1 (0.9)	
Comorbid psychiatric diagnosis		
Mood disorders	53 (50.96)	
Anxiety disorders	12 (11.54)	
ADHD	21 (20.19)	
ASD	12 (11.54)	

<b>Characteristics</b>	<b>No. (%)</b>	<b>Mean (SD)</b>
Others	6 (5.77)	
Eating disorders	3 (2.88)	
PTSD	1 (0.96)	
Hallucination	1 (0.96)	
Unspecified	1 (0.96)	
Number of comorbidities		0.97 (0.87)
0	35 (32.7)	
1	45 (42.06)	
2	21 (19.63)	
≥3	6 (5.61)	
Admission		
No	85 (79.4)	
Yes	22 (20.6)	
Father's occupation		
Professional/managerial/executive/technical	47 (43.9)	
Others/self-employed	55 (51.4)	
Not working	2 (1.9)	
Mother's occupation		
Professional/managerial/executive/technical	56 (52.3)	
Others/self-employed	31 (29.0)	
Not working	20 (18.7)	
Age at which gender issue was raised to healthcare provider		15.64 (1.81)
Retrospective age when gender issues surfaced		10.43 (3.61)
Age when diagnosed with GD		16.58 (1.78)
Timeline of GD diagnosis		
GD diagnosis first	32 (29.9)	
GD diagnosis after	40 (37.4)	
GD diagnosis only	35 (32.7)	
Transition group		
No concrete steps taken	16 (15.0)	
Social only	42 (39.3)	
Social and physical	49 (45.8)	
Number of psychotherapy sessions attended in a year	67 (62.6)	8.90 (7.26)

<sup>a</sup> Ethnic composition referenced the Singapore Census 2020<sup>12</sup> whereby Chinese, Malays and Indians constituted 74.3%, 13.5% and 9.0% of the resident population, respectively; 3.2% comprised all other ethnicities.

ADHD: attention deficit hyperactivity disorder; ASD: autism spectrum disorder; CGAS: Children's Global Assessment Scale; CGI: Clinical Global Impression; GD: gender dysphoria; OCD: obsessive compulsive disorder; PTSD: post-traumatic stress disorder; SD: standard deviation