

Table 2. Baseline children, biological parents and programme characteristics.

CHARACTERISTICS	
Children	
Age at recruitment (months)	n=125
Mean (SD)	20.0 (13.4)
Sex, no. (%)	n=125
Female	60 (48.00)
Male	65 (52.00)
Race, no. (%)	n=125
Chinese	47 (37.60)
Indian	14 (11.20)
Malay	61 (48.80)
Others	3 (2.40)
Known medical condition, no. (%)	n=125
Autism spectrum disorder	7 (5.60)
Genetic syndrome	2 (1.60)
Abusive head trauma	4 (3.20)
Post-Group B Streptococcal, or GBS, meningitis/sepsis	1 (0.80)
Nil	111 (88.80)
Has a sibling in Anchor, no. (%)	n=125
Yes	63 (50.40)
No	62 (49.60)
At risk of developmental delay at baseline, no. (%) ^a	n=125
Nil	33 (26.40)
At least 1 domain (on ASQ-3)	92 (73.60)
2 or more domains (on ASQ-3)	59 (47.20)
Had behavioural concern at baseline, no. (%) ^b	n=79
Yes	25 (31.65)
No	54 (68.35)
Biological parent	
Biological mother's age at enrolment (years)	n=79
Mean (SD)	32.4 (6.4)
Biological mother's highest education, no. (%)	n=77
Primary	6 (7.79)
Secondary	28 (36.36)
Post-secondary and above	42 (54.55)
Others, e.g. special education school	1 (1.30)

Table 2. Baseline children, biological parents and programme characteristics. (Cont'd)

CHARACTERISTICS	
Biological parent	
Biological father's age at enrolment (years)	n=76
Mean (SD)	37.0 (8.5)
Biological father's highest education, no. (%)	n=70
Primary	6 (8.57)
Secondary	25 (35.71)
Post-secondary and above	38 (54.29)
Others, e.g. special education school	1 (1.43)
Family	
Family structure, no. (%)	n=87
Extended family living in same household	19 (21.84)
Single-parent family	12 (13.79)
2-parent family	56 (64.37)
Family per capita income, no. (%) ^c	n=83
≤SGD650	32 (38.55)
>SGD650	51 (61.45)
Anchor programme	
Length of stay in Anchor (months)	n=125
Mean (SD)	21.2 (7.3)
Primary caregiver during Anchor, no. (%)	n=125
Biological parent	89 (71.20)
Kinship carer	13 (10.40)
Foster parent	23 (18.40)
Tiering at enrolment, no. (%) ^d	n=125
Tier 1 (low risk)	45 (36.00)
Tier 2 (moderate risk)	70 (56.00)
Tier 3 (high risk)	10 (8.00)
Child referred for external therapy, no. (%)	n=42
Attended at least 1 external therapy session	23 (54.76)
Did not attend any external therapy session	19 (45.24)

CBCL: Child Behaviour Checklist; SD: standard deviation
^a Risk of developmental delay defined as ≥ 1 SD below the mean on ASQ-3
^b Behavioural concern defined as borderline or clinical range on the CBCL
^c Family per capita income of \leq SGD650 per month defined as low socioeconomic status based on the national benchmark (up till July 2023) when considering financial assistance and relief eligibility²⁷
^d Inhouse tiering system adapted from The Child and Adolescent Needs and Strengths²¹