

Table S1. Grading of Recommendations Assessment, Development and Evaluation.

Quality of evidence	
High	We are very confident that the true effect lies close to that of the actual effect.
Moderate	We are moderately confident that the effect in the study is close to the true effect, but it is also possible that it is substantially different.
Low	Our confidence in the effect estimate is limited. The true effect may differ significantly from the estimate.
Very low	We have very little confidence in the effect estimate. The true effect is likely to be substantially different from the estimated effect.
Strength of recommendations	
Strong	When it is very certain that benefits outweigh risks and burdens (e.g. difficulties of therapy and costs) or vice versa.
Weak	When risks and burdens appear to be finely balanced, or when there is appreciable uncertainty about the magnitude of benefits and risks.