

Subject	Recommendation
Indications of parenteral nutrition (PN)	Patients who are unable to meet their nutritional needs orally and/or enterally as a result of suboptimal function of the gastrointestinal tract (GIT) or in whom where the GIT is not accessible.
Contraindications of PN	- Patients with critical electrolytes abnormalities, such as severe hypokalaemia, hypophosphataemia, hypomagnesaemia or hyponatraemia. - Patients with irreversible brain injury or terminal illness where there is a lack of therapeutic goal to prolong life in the inevitable death. - Patients who have no suitable venous access for PN.
Monitoring of parameters	- Baseline biochemical assessment prior to initiation of PN. - Daily biochemical monitoring and adjusted according to the patient's clinical progress, nutritional status and stage of PN therapy.
Nutritional assessment	Start at 15–20 kcal/kg/day on day 1 and increase it progressively to target providing 25–30 kcal/kg/day or using validated predictive equations, taking into account physical activity and stress factor.