

Table 1. Baseline sociodemographic and clinical characteristics of participants.

Variable	Total	No self-reported stroke	Prevalent self-reported stroke	Statistic	P
Age, mean (SE)	46.561 (0.214)	46.140 (0.213)	62.834 (0.560)	t=30.293	<0.001
Energy intake, kcal/day, mean (SE)	2152.698 (6.849)	2159.720 (6.815)	1880.866 (33.087)	t=-8.484	<0.001
BRI, mean (SE)	5.236 (0.024)	5.212 (0.024)	6.162 (0.088)	t=10.363	<0.001
FI, mean (SE)	0.131 (0.001)	0.127 (0.001)	0.283 (0.005)	t=33.093	<0.001
Sex, n (%)				$\chi^2=5.503$	0.019
Male	18,522 (50.219)	17,881 (50.333)	641 (45.777)		
Female	17,802 (49.781)	17,207 (49.667)	595 (54.223)		
Education, n (%)				$\chi^2=69.769$	<0.001
Less than high school	7416 (12.880)	7055 (12.664)	361 (21.226)		
High school or equivalent	8315 (23.138)	7961 (22.923)	354 (31.435)		
College or above	20,593 (63.983)	20,072 (64.413)	521 (47.339)		
Smoking, n (%)				$\chi^2=70.835$	<0.001
No	19,806 (54.821)	19,342 (55.204)	464 (40.009)		
Yes	16,518 (45.179)	15,746 (44.796)	772 (59.991)		

Table 1. Baseline sociodemographic and clinical characteristics of participants. (Cont'd)

Variable	Total	No self-reported stroke	Prevalent self-reported stroke	Statistic	P
MET-based physical activity, n (%)				$\chi^2=96.294$	<0.001
Low physical activity	12,920 (31.839)	12,260 (31.351)	660 (50.727)		
High physical activity	23,404 (68.161)	22,828 (68.649)	576 (49.273)		
BMI, n (%)				$\chi^2=23.214$	<0.001
<18.5	521 (1.447)	504 (1.445)	17 (1.531)		
18.5 to <25	10,134 (29.429)	9860 (29.616)	274 (22.165)		
25 to <30	12,186 (33.285)	11,780 (33.291)	406 (33.068)		
≥30	13,483 (35.839)	12,944 (35.648)	539 (43.236)		
Race and Hispanic origin, n (%)				$\chi^2=90.787$	<0.001
Mexican American	5215 (7.210)	5105 (7.297)	110 (3.849)		
Non-Hispanic White	17,350 (71.066)	16,709 (71.025)	641 (72.639)		
Non-Hispanic Black	7403 (9.951)	7064 (9.838)	339 (14.335)		
Other	6356 (11.773)	6210 (11.840)	146 (9.178)		
Marital status, n (%)				$\chi^2=195.713$	<0.001
Married or living with a partner	21,863 (64.210)	21,206 (64.331)	657 (59.522)		
Widowed/divorced/separated	7688 (17.430)	7211 (17.013)	477 (33.558)		
Never married	6773 (18.360)	6671 (18.656)	102 (6.921)		
PIR, n (%)				$\chi^2=95.515$	<0.001
<1.3	10,076 (18.538)	9606 (18.279)	470 (28.567)		
1.3 to <3.5	13,539 (34.662)	13,027 (34.478)	512 (41.778)		
≥3.5	12,709 (46.799)	12,455 (47.242)	254 (29.655)		
Hypertension, n (%)				$\chi^2=637.923$	<0.001
No	21,295 (63.997)	21,049 (65.029)	246 (24.048)		
Yes	15,029 (36.003)	14,039 (34.971)	990 (75.952)		
Diabetes, n (%)				$\chi^2=176.197$	<0.001
No	30,168 (87.491)	29,411 (88.074)	757 (64.919)		
Yes	6156 (12.509)	5677 (11.926)	479 (35.081)		
Hyperlipidaemia, n (%)				$\chi^2=169.498$	<0.001
No	11,418 (32.073)	11,210 (32.508)	208 (15.246)		
Yes	24,906 (67.927)	23,878 (67.492)	1028 (84.754)		
Alcohol consumption, n (%)				$\chi^2=55.596$	<0.001
No	11,098 (26.244)	10,607 (25.932)	491 (38.313)		
Yes	25,226 (73.756)	24,481 (74.068)	745 (61.687)		

BMI: body mass index; BRI: body roundness index; FI: frailty index; MET: metabolic equivalent; PIR: poverty-income ratio; SE: standard error
 Categorical values are unweighted n (survey-weighted %). Stroke denotes prevalent self-reported stroke. Continuous-variable comparisons used design-based t tests with 178 design degrees of freedom; categorical comparisons used design-based Wald χ^2 tests.